

**How to help your child this summer.**

**Red Word practice:** Use them in a game-you say a word before you may take your turn.

Do a word hunt: put the words around the house, tell your child a word and they go and find it. They must read it back to you when they give it to you.

**Writing:** Give them paper, pencils, crayons, markers. Have them draw a picture and label it, they need to put in details. Have them write a sentence about the picture. Capital letters, space between words and punctuation.

**Reading:** Go to the library, pick out 1 or 2 books with large print and easy words. Have your child read it to you. Help them sound out the words. Do 2 or 3 pages each day. When done, go back and have them re-read the book to you.

Have your child pick out some books for you to read to them. Pick out a red word and have them read the word each time you see it while reading. You can do more than 1 word at a time.

Give them time to sit and look at books, like before bed. It's a great way to calm down and relax at the end of the day. Remember, NO tv at reading/book time.

Your child can continue with Reading Eggs and Math Seeds at home this summer. Just limit the time.

**Excessive screen time can negatively impact young children's social-emotional development, health, and behavior:**

<https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/are-video-games-and-screens-another-addiction>